

Join Jewish Family & Child Service for

Mindfulness in Aging

Wednesday, June 28

10:30am – 1:30pm

at the Mittleman Jewish Community Center

6651 S.W. Capitol Highway, Portland, OR 97219

Join JFCS and David Molko, LCSW, for a discussion on legacy. Explore how your loved ones' legacies inspire you and how your legacy may inspire generations to come.

The conversation is followed by a delicious kosher lunch and schmoozing.

No cost to attend. Registration for this event is required, as space is limited.

To register, please contact Missy Fry at (503) 226-7079 ext. 133 or MissyFry@jfcs-portland.org.

This event is made possible in large part thanks to:

CENTER ON HOLOCAUST SURVIVOR CARE
JEWISH FEDERATIONS INSTITUTE ON AGING AND TRAUMA



JEWISH FAMILY & CHILD SERVICE • 503-226-7079 • www.jfcs-portland.org